



**Elmore Fish limited.**  
**'Delivering the Catch'**



Elmore fish Limited : 4, Springbank Industrial Estate, Pembroke Loop Road, Belfast.

TEL: 02890 629197 [www.elmorefish.com](http://www.elmorefish.com) FAX: 02890 618518



At Elmore fish we are passionate about fresh seafood and our family's involvement in the fishing industry dates back to 1894. We are very proud of our tradition as a company and as a long standing family run business. Four generations later the business is still thriving as we strive to deliver the highest quality fresh and frozen seafood to our customers.

We use only the freshest, locally caught seafood which is sourced each morning from the ports in Northern Ireland as well as from Scotland and the West of Ireland.

We also import a wide range of fresh and exotic fish and seafood to satisfy the needs and requests of our ever increasing customer base.

Having recently moved to a purpose built EC approved premises, we are able to use traditional methods of processing fish, in conjunction with the latest technology.

Elmore fish is one of Ireland's largest fish processors and our state of the art factory and processing unit allows us to supply you with the freshest fish of the highest quality, with all of the facilities to meet our customer's needs



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# PRODUCT LIST



## BEST SELLERS

- Whole Salmon
- Salmon Fillets
- Salmon Tails
- Salmon steaks
- Sea bass Fillets
- Frozen at Sea Cod Fillets
- Coley Fillets
- Whiting Fillets Small
- Whiting Fillets Select
- Whiting Fillets Count 40's
- Halibut Fillets
- Haddock Fillet Skin off / on
- Plaice – Whole / Fillets
- Trout Guttled or Fillets
- Mackerel – Whole / Fillets
- Herring whole / Fillets
- Smoked Coley
- Smoked Cod Natural / Dyed
- Smoked Haddock Natural / Dyed
- Smoked Whiting Fillet
- Skate Wings
- Tiger Prawns
- Prawns 10% glaze
- Breaded Scampi
- Rope Mussels
- Fish Pie Mix



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## CHOICE FISH

**Lemon Sole Whole / Fillets  
(Skin off/on)**

**Dover Sole Whole  
(Skin off/on)**

**Halibut Whole / Fillets**

**Cold Smoked Salmon**

**Wild turbot 1k-4k Whole / Filleted**

**Farmed Turbot 1k-4k Whole / Filleted**

**Monkfish Tails**

**Hake Fillet**

**Brill 1k-3k Whole / Filleted**

**Squid Whole**

**Red Gurnard fillets**

**Red Mullet Whole / Filleted**

**Grey Mullet Whole / Filleted**



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## EXOTIC FISH

**Tuna Loin**

**Swordfish loin**

**Marlin Loin**



**Barramundi fillets**

**Sea Bass Whole / Filleted**

**Sea Bream Whole / Filleted**



**Red Snapper Fillets**

**Sardines**

**Black Tilapia**



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## FRESH SHELLFISH

**Fresh mussels**

**Oysters**

**Fresh Langoustines**

**Lobsters**

**Crayfish Tails**

**Cockles**

**Clams**



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## READY TO EAT

**Premium Long Sliced Smoked**

**Smoked Salmon Sides**

**Smoked trout**

**Smoked Mackerel**

**Peppered Mackerel**

**Manx kippers**

**Boneless Kippers**

**Smokies**

**Anchovies**

**Rollmops**

**Cooked Crevettes**

**White Crab meat**



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# PRODUCT LIST



## VALUE ADDED PRODUCTS

**Filo Prawns**

**Maple and chilli breaded black**

**Tiger Prawns**

**Beer Battered Cod Goujons**

**Breaded Butter flied prawns**

**Breaded Cod**

**Battered Cod**

**Breaded Haddock**

**Breaded Plaice**

**Lemon and Parsley dusted Haddock**

**Lemon and Pepper dusted haddock**

**Lemon Sole Goujons**

**Spicy Lime Goujons**

**Frozen Coquilles St Jacques**



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# FROZEN PRODUCT LIST



## WHITE FISH FILLETS

### PRODUCT DESCRIPTION

### UNIT OF SALE

IQF ATLANTIC COD FILLET - 7/8oz	4.54 KILO CASE
IQF ATLANTIC COD FILLET - 8/10oz	4.54 KILO CASE
HADDOCK FILLET - 6/8oz	4.54 KILO CASE
HADDOCK COUNTS - 5/6oz	4.54 KILO CASE
PLAICE FILLET - 4/5oz	4.54 KILO CASE
IQF PLAICE FILLET - 7/8oz	4.54 KILO CASE
IQF PLAICE FILLET - 8/10oz	4.54 KILO CASE
IQF PANGASIUS - 5/6oz	4.54 KILO CASE
IQF COD LOINS - 5/6oz	4.54 KILO CASE
IQF COD LOINS - 7/8oz	4.54 KILO CASE
FAS COD FILLET - 5/8oz	15 LBS SLAB
FAS COD FILLET - 7/9oz	15 LBS SLAB
FAS COD FILLET - 8/16oz	15 LBS SLAB
FAS COD FILLET - 16 - 32oz	15 LBS SLAB
FAS HADDOCK FILLET - 5/8oz	15 LBS SLAB
FAS HADDOCK FILLET - 8/16oz	15 LBS SLAB
HAKE FILLETS - 6/8oz	5.00 KILO SLAB

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# FROZEN PRODUCT LIST



## PRIME AND EXOTIC FISH

PRODUCT DESCRIPTION	UNIT OF SALE
SALMON PORTIONS - 4oz	4.54 KILO CASE
LEMON SOLE FILLETS - 5/6oz	4.54 KILO CASE
WHOLE LEMON SOLE - 16/18oz	4.54 KILO CASE
RED SNAPPER FILLETS - 600/800g	10.00 KILO CASE
RED SNAPPER PORTIONS - 6/8oz	4.54 KILO CASE
BARRAMUNDI FILLETS - 600/800g	10.00 KILO CASE
RED MULLET FILLETS - 40/60g	1.00 KILO CASE
IQF NEW ZEALAND MONKFISH FILLETS	5.00 KILO CASE
ESCOLAR PORTIONS - 6-8oz	4.54 KILO CASE
TUNA SUPREME PORTIONS - 6/8oz	4.54 KILO CASE
HALIBUT PORTIONS - 8/10oz	4.54 KILO CASE
SHARK STEAKS - 6/8oz	4.54 KILO CASE
SWORDFISH STEAKS - 6/8oz	4.54 KILO CASE
SEA BASS FILLETS - 140/180g	5.00 KILO CASE
TILAPIA FILLETS - 6/8oz	4.54 KILO CASE
WHITEBAIT	454g PACKETS
SMOKED TROUT FILLETS	454g PACKETS
SQUID TUBES	1.00 KILO BAGS

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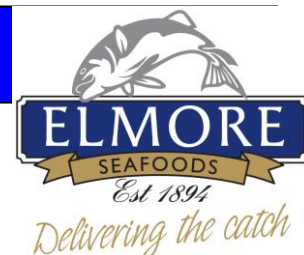
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## VALUE ADDED PRODUCTS

PRODUCT DESCRIPTION	UNIT OF SALE
BATTERED COD FILLET - 5/6oz	4.54 KILO CASE
BATTERED COD FILLET - 7/8oz	4.54 KILO CASE
BATTERED COD FILLET - 8/10oz	4.54 KILO CASE
BATTERED HADDOCK FILLET - 7/8oz	4.54 KILO CASE
BREADED COD FILLET - 4/5oz	4.54 KILO CASE
BREADED COD FILLET - 6/7oz	4.54 KILO CASE
BREADED COD GOUJONS	1LB BAG
BREADED POLLACK - 6/7oz	4.54 KILO CASE
BREADED PLAICE FILLET - 7/8oz	4.54 KILO CASE
BREADED PLAICE FILLET - 8/10oz	4.54 KILO CASE
BREADED PLAICE GOUJONS	1LB BAG
BREADED LEMON SOLE GOUJONS	1LB BAG
BATTERED COD GOUJONS	1LB BAG
LEMON AND PARSLEY DUSTED HADDOCK 140 - 170g	4.54 KILO CASE
LEMON AND PEPPER DUSTED HADDOCK 140 - 170g	4.54 KILO CASE

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## SCAMPI

PRODUCT DESCRIPTION	UNIT OF SALE
BREADED WHOLETAIL SCAMPI	1LB BAG
BREADED REFORMED SCAMPI	1LB BAG
SELECT SCAMPI	1LB BAG
GOURMET SCAMPI	1LB BAG
JUMBO SCAMPI	1LB BAG
SUPREME SCAMPI	1LB BAG

## PRAWNS AND SHELLFISH

PRODUCT DESCRIPTION	UNIT OF SALE
COLDWATER PRAWNS U150	2.50 KILO BAG
DELUXE PRAWNS (LOW GLAZE)	2.50 KILO BAG
RAW TIGER PRAWNS 13/15 PND S/OFF	1.00 KILO BAGS
RAW TIGER PRAWNS 21/25 PND S/OFF	1.00 KILO BAGS
RAW TIGER PRAWNS 26/30 PND S/OFF	1.00 KILO BAGS
RAW TIGER PRAWNS 6/8 S/ON H/OFF	908g BAGS
RAW TIGER PRAWNS 16/20 S/ON H/OFF	1.00 KILO BAGS
RAW BLOCK TIGER PRAWNS 16/20 PND S/OFF	2.00 KILO BAGS
RAW BLOCK TIGER PRAWNS 21/25 PND S/OFF	2.00 KILO BLOCK

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## PRAWNS AND SHELLFISH ...

KING PRAWNS IN FILO PASTRY	500g BLOCK
KING PRAWNS BUTTERFLY BREADED	500G BLOCK
COOKED TIGER PRAWNS 31/40	1 KILO BAG
BANTRY BAY MUSSELS	1 KILO VAC PACK
GREENLIP MUSSELS	1 KILO BOX
MUSSEL MEAT	1LB BAG
QUEEN SCALLOPS	1 KILO BAG
KING SCALLOPS	1KILO BAG
CANADIAN ROE-LESS SCALLOPS	1 KILO BAG
WHOLE LOBSTERS	350g EACH
DRESSED CRAB	EACH
50/50 CRAB MEAT	1LB BAG
WHITE CRAB MEAT	1LB BAG
CRAB CLAWS	2.50 KILO BAG
SEAFOOD COCKTAIL	1.00 KILO BAGS
COOKED CREVETTES	2.00 KILO BOX
COCKLE MEAT	1 KILO BAG
CLAM MEAT	1 KILO BAG

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